



**FOR IMMEDIATE RELEASE**

## **Springpoint Names Patricia Polchak Assistant Executive Director of Meadow Lakes**

**East Windsor, New Jersey—May 3, 2023** —[Springpoint](#) recently announced Patricia Polchak, LNHA, as the new Assistant Executive Director of the Life Plan Community at Meadow Lakes.

In her new role, Polchak is responsible for the day-to-day operational functions within Meadow Lakes healthcare center to ensure the delivery of high-quality care and services consistent with the organization’s vision and mission.

Polchak brings 29 years of long-term and sub-acute healthcare experience as a Licensed Nursing Home Administrator. Most recently, she served as Healthcare Administrator at The Pines at Whiting and oversaw the community’s operational and regulatory stability that earned strong results on state surveys and customer satisfaction benchmarks.

In 2012, Polchak was recognized as an outstanding administrator by her receipt of the American College of Health Care Administrators “Facility Leadership Award,” and she is a founding member of the Ocean Regional Ethics Committee.

Polchak holds a bachelor’s degree from California State University.

### **About Meadow Lakes**

[Meadow Lakes](#), located at 300 Meadow Lakes in East Windsor, is a full-service Life Plan Community that offers a spectrum of care services, including independent living, assisted living, skilled nursing, and memory care. These high-quality services are delivered with attention to the individual and in a way that gives residents the freedom to enjoy life as they choose. Learn more about Meadow Lakes at [meadowlakesonline.org](#).

### **About Springpoint**

[Springpoint](#) is a nationally recognized senior living provider, with a legacy of over 100 years serving the Mid-Atlantic region. It consists of Springpoint Senior Living and its eight full-service Life Plan Communities and 19 affordable housing communities. It also includes [Springpoint at Home](#), providing homecare and care management services, and [Springpoint Choice](#), a membership-based program offering security of long-term care planning for members. Learn more at [springpointsl.org](#).

Press contact: Roy Woods Jr. – Director of Communications, Springpoint, Email: [rwoods@springpointsl.org](mailto:rwoods@springpointsl.org)  
Phone: 732-430-3753.