

What to Expect When Touring a Senior Living Community

Making the move to a Life Plan Community an exciting decision. This is the place where you will have endless opportunities with more friends, more fun and less worry. But with so many choices available, how will you know what community is the right fit for you?

There are a variety of ways for you to do your research on communities — thorough online searches, talking to residents of communities and looking at reviews. But there is no substitute for experience. And the best way to get a feel for what life is like at a community is through a tour.

To get you started, we at Meadow Lakes have pulled together some tips to making the most out of your tour.

How to Make the Most Out of Senior Living Tours

Make a List of Questions Before Your Visit: Take inventory of what the most important things are for you to find out while you're there and create a list of questions. Whether it be about the available services or what a typical day looks like, this is your time to have any questions answered. And remember, there is no question too absurd when it comes to confirming comfort in your potential new home.

Have a Conversation with a Resident: Residents are experts when it comes to the lifestyle offered at the community, since this is the place that they call home. There's much to learn from a heartfelt conversation discussing their likes, dislikes and daily routine within the community.

Stay Open-Minded: While touring a community, be sure to have an open mind. Going in with any preconceived notions can influence your experience, whether that be good or bad. Ask about offerings (even those you may not think you'd have interest in) and view more than one floor plan.

Participate: Pretend like you're a resident while you're there! Ask if there are any activities happening during the day and ask if you're able to join. This way, you're able to get a better feel of what your life would be like if you moved. Also, stay for a meal. The quality of the food and offerings can

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be an important factor in your decision-making process.

Take it All In: Viewing a potential new home is exciting, but it can also feel overwhelming at times. You may get a lot of information during your tour, so take a notebook for jotting down important details or take photos with your cell phone. This will keep you from forgetting crucial information later.

Reflect: Once you're done with your tour, imagine yourself in the community. Really step back, take in all that you have learned, and picture yourself walking through the hallways or settling in for the night in an apartment. Getting a taste of what your life could be like by visiting the community will help in your decision-making process.

We Invite You for a Tour at Meadow Lakes

Now that you know what to look for, we invite you to come tour for yourself! [Contact us today](#) to [schedule your personal tour](#). Here, you'll be able to get a feel for the community life, ask any questions you have and enjoy a meal on us. We look forward to meeting you.

*The health and safety of our community members and guests are our top priority. We have implemented a variety of precautions due to recent health events. These precautions include required face masks, easily accessible hand sanitizer and daily wellness checks for our team members. Feel free to reach out with any questions.